

EAT ME – Food & Intimacy

By Sanne Muiser

During Dutch Design week Food Non Food students participated in a two day workshop 'Eat Me', organised by The No Sex Shop. Friday they presented their sensual results to thirty guests in the Anton Lustloft at Strijp – S.

The first part of the show was 'Foot Play, a Sensual Food Experience' which explored the ritual of eating in a very playful way involving foot massages.

There was also 'Canapé-Canaplay' an intimate experience involving the serving of an appetizer directly onto the skin. Participants were encouraged to lick, touch and tease themselves, and to try different kind of flavours, textures and movements.

And lastly 'The Fetish Group' focussed on the seduction of intimacy – an experience that explored the interplay between not liking something, but not being able to resist it anyway. This was about surrendering to temptation.

The guests were a bit overwhelmed by the production. "It was very silent," one guest told me. "They touched my feet and I felt very connected to my body, which was very relaxing."

Another said: "Everyone was very focussed, which made me focus too. It made something as simple as the touching of an arm feel more intense. I had never experienced eating like that before."

For almost everyone involved this was a completely new way of eating, a unique way to taste and to handle food. It was also a bit of a tease – a welcome followed by an hilarious foot food fetish feast.

One of the guests explained it best: "It was pure seduction," she said. "It was kind of mirroring payed sex – first we seduce, then we take care and draw you in with sweet soap and then electrocute you, order you around and then abandon you. And all you want to do is experience it again..."